



Personal MD program to add on-site medical care

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Personal MD, a medical services company that specializes in delivering lower medical care to businesses and the self-employed, is expanding its 40/40 Medical Care program to offer companies access to on-site medical care for their employees.

Under the program, employers or individual members pay a monthly per-person fee of \$40 or \$480 per year. The fee for each 30-minute visit with a physician is \$40. Family rates are available starting at \$125 per month or \$1,500 per year.

The on-site office will be open part-time based on the number of employees and will be staffed by nurse practitioners or physician assistants. The office will provide basic primary care, referrals to specialists when necessary and a wellness program.

The wellness program will include on-site health fairs to provide employees access to diagnostics screenings and consultations with specialists; wellness education such as smoking cessation and breast cancer self-examination programs and an annual questionnaire covering 23 health related categories to help measure the success of the 40/40 Medical Care program.

The basic 40/40 Medical Care program provides access to a board-certified family practice physician at the Personal MD office; referrals to the Personal MD Health Network, a pre-qualified network of more 30 specialists who provide services at substantially reduced fees and membership in Personal Rx, a discount pharmacy program.

Employers must have a minimum of 80 people-including employees and family members-enrolled in the 40/40 Medical Care program to qualify for the on-site medical care.