



Personal MD offers on-site health care

By staff reports
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Personal MD, a McKinney-based medical services company that specializes in delivering lower-cost medical care to businesses and the self-employed, is expanding its 40/40 Medical Care program to offer companies access to on-site medical care for their employees.

Under the program, employers or individual members pay a monthly per-person fee of \$40 or \$480 per year. The fee for each 30-minute visit with a physician is \$40. Family rates start at \$125 per month or \$1,500 per year.

“By adding a free on-site component for employers, we can help them realize the same kind of savings that large companies who employ salaried company doctors do,” explained Dr. Nelson X. Simmons, the founder of Personal MD.

The on-site office will be open part-time based on the number of employees and will be staffed by nurse practitioners or physician assistants. The office will provide basic primary care, referrals to specialists and a wellness program.

Employers must have at least 80 people in the 40/40 Medical Care program to qualify.