



Dr. Simmons recognized as Best Family Doctor...again.

MCKINNEY, Texas (May 20, 2009) -- Nelson X. Simmons, MD, founder of Personal MD Family Healthcare in McKinney, Texas was recently recognized as the “Best Family Doctor” for 2009 by the Neighbor Choice Awards, a Dallas Morning News publication. The official results will be published in the June 12, 2009 release.

This is the second time in 3 years that Dr. Simmons has been chosen as the best doctor in his community; the first in 2006 by the McKinney Courier Gazette. For both awards, the readers of the publications send in ballots and the award is given to the physician with the most votes.

“It is an honor to be recognized by the community, “ said Dr. Simmons in a recent interview when asked about the award. “This award goes to everyone who works in my office, not just me. It is truly a team effort.” he added.

Dr. Simmons was also recognized as the Innovator Healthcare Provider of the year in 2007 by the Dallas Business Journal in recognition of his 40:40 Medical Care program he created and launched in August of 2005. The program provides an innovative low cost healthcare approach caring for small businesses and self-employed individuals. His practice design is beginning to catch on in other areas that are using similar models to provide a better quality of health care without directly dealing with insurance companies.

Additional information can be found at www.personalmdonline.com.